



# OLR Newsletter

**Our Lady of the Rosary Catholic Primary School, The Entrance**  
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## Welcome

Welcome to the first newsletter for the year. I have been surprised at how smoothly the year has started. Our new kindergarten students appear to be settling well, though there are a few tears in the morning as parents leave their children at assembly, but these mostly settle quickly once they are in class.

## Get ready for Lent



Next week, Lent begins with Ash Wednesday (14 Feb). Lent is a season of renewal, of being drawn closer to God by opening the door of our hearts to Christ and one another. The Church asks us to change our lives in concrete ways, through fasting, prayer and acts of loving service. As a family, think about what small actions and sacrifices ('penance') in these areas you might undertake during Lent.

## Faith steps at home

### 1: Celebrate at home

The day before Lent is known as Shrove Tuesday, or 'Pancake Tuesday'. It is a day of feasting before the fasting of Lent. Plan to rise early next Tuesday for a 'pancake' breakfast. Talk about how you will make this Lent special.



### 2: Pray at home

'Lord Jesus, help us as a family to live Lent well. Help us to appreciate afresh our love for you and one another.'

**Remember** – Simple Actions, consistently undertaken, change our lives.

[Enjoy this video clip: Ash Wednesday & Lent in 2 minutes](#)



**Catholic Mindfulness Workshop.** 14 Feb 2018. This Lent, detox from the busyness of life and make space for what's truly important.

[Click here & scroll down for details.](#)

# My Behaviour Impacts the Learning of others

## Term 1

Week 3		Week 4	
Monday 12/02	Assembly 2.20pm	Monday 19/02	
Tuesday 13/02	Band	Tuesday 20/02	Band  Book Fair
Wednesday 14/02	Playgroup Opening School Mass 11am OLR Church	Wednesday 21/02	Playgroup Book Fair Parent Information Night
Thursday 15/02	Swimming Carnival OLR Infants Meal Deal	Thursday 22/02	Book Fair Book Talk Yrs 5 & 6
Friday 16/02		Friday 23/12	
Saturday 17/02		Saturday 24/11	
Sunday 18/02		Sunday 25/11	

### From the Principal

The Light is  
**ON** for you



The Light is On is an exciting initiative this year for Lent that seeks to welcome people to our churches for quiet time, prayer and the Sacrament of Reconciliation. Churches around the Diocese of Broken Bay will be open on Friday evenings in Lent, 16, 23 February, 2, 9, 16, 23 March from 7pm – 8pm. This initiative allows people to make a space for God during Lent where they can bring their hopes and concerns, pray for themselves and their families, and find healing and peace. The Sacrament of Reconciliation will be available at this time. All are most welcome.

## From the Principal

### Opening School Mass

Our Opening School Mass is next Wednesday at 11:00am down at Our Lady of the Rosary Church. I encourage parents to join us as we celebrate the new school year and invite our God to be part of our journey throughout the coming year.

### Swimming Carnival

The school swimming carnival is next Thursday, 15th February, for students in Yrs 3 to 6 (and older Year 2 students). The carnival will be held at Mingara. Parents are welcome to come along, watch and cheer for their children, however I would ask you to refrain from taking photos of other students and from standing around the edges of the pool.

Students are to remain in the stands unless called to their race. No student is to be situated on the pool deck with their parents or friends. Students who leave with their parents are to be signed out by the class teacher and no student is allowed into the other pools while the carnival is on, even if signed out by parents. Thank you for your cooperation in this matter.

### School Hours

Just a reminder that school hours are from the first bell at **8:55am** until the last bell at **3:15pm**. Supervision is available from 8:30 am in the courtyard, and, for safety reasons it is requested that children do not arrive before this time. It is expected that children attend school during these times, unless they are sick or there is extenuating circumstances that requires them to be out of school.

Parents must sign their children into school through the office if they are arriving after assembly and must sign them out through the office if they are leaving before the end of the day.

Parents are requested to go directly to the office during school hours (9:00am- 3:15pm), not to classrooms, so that learning is not interrupted. The ladies in the office will help you with any of your enquiries.

Please remember that the **office will be closed daily between 11am—11.30am and 1.40pm—2.20pm**. No student will be signed out during these times unless it is an emergency.

For the safety of our students, as of Monday, 12th February, **the school gates will be closed from 9.15am**. Please ensure the gates are closed when you come through and leave the premises. No one should be walking through the carpark gate at any time. Thank you.

### Parent Meetings

Teachers will be holding parent meetings to share what is happening in their classrooms this year, expectations etc and to answer your questions. These meetings will be held on Wednesday 21<sup>st</sup> February (***please note the change of date***). More information will come out about these meetings early next week.

### Parent Community Network (PCN) General Meeting

Our first PCN general meeting will be held on 21<sup>st</sup> February @ 1:30pm in the VSR. All parents are invited to join us and have a voice in planning our year.

This meeting will focus on:

- ◆ Setting major dates for the year.
- ◆ Fund raising focus for 2018
- ◆ Uniform feedback
- ◆ Connecting with parents
- ◆ Celebrating Learning @ OLR

## From the Principal

### Snapchat...we have a problem

If you have allowed your primary school student or young teen a snapchat account, here's something you need to be aware of.



One of the search functions of Snapchat is providing too much information about their users. If the location services for the app are turned on a very concerning security problem is revealed.

Snapchat has a very clever user retention strategy behind it. They lured in a whole generation based on the fact that their snaps would disappear after a short amount of time, so it became a second language for teenagers. A large percentage of kids say they use Snapchat because their parents don't. Also, if you turn off location services for snapchat you start to disable some of the photo filters so kids won't turn off location services for Snapchat.

And there lies a BIG personal privacy and security issue that you and your children are not aware of and should be.

Enter a school name or a suburb into the search feature on Snapchat and the app will deliver to you all of posts being made in proximity to the location. It will also suggest other schools (with other Snapchat account holders). Often this list will include the names of account holder, and provides the individual searching locations with the option to add the account holder to their contacts.

This raises two issues.

1. It provides evidence that numbers of students are using snapchat in and around school – often in defiance of the schools' mobile devices usage policy.
2. Complete strangers are able to target your child's Snapchat profile, using the school they attend as a way to find them. This issue is particularly disturbing.

Consider this possible scenario if you are not concerned by this information.

A predator doesn't know the names or other regular locations of children attending any of the schools in the area that they may be, but simply by searching the school name in the Snapchat search feature, they are able to find regular users of Snapchat at these schools that are close to them.

Courtesy of Snapchat they are now able to add the accounts of any child they find, and may now happily follow their snaps, record or screen shot them.....and watch for other locations that appear regularly in a child's Snapchat feed, such as their home or regular place for sporting activity. They can also interact with the child through their account, and become "friends" with them on any other social media account.

What can you do to minimize risk?

- Respect the age restrictions of 13+
- Build trust with your child by explaining why you insist the account be set to private.
- Ensure that Ghost Mode is enabled on the Snap Map, so account holder information is hidden.
- Turn the location services for the app off on the device.
- Regularly review with your child who interacts with their account.
- Ask your child to respect the schools mobile phone policy.

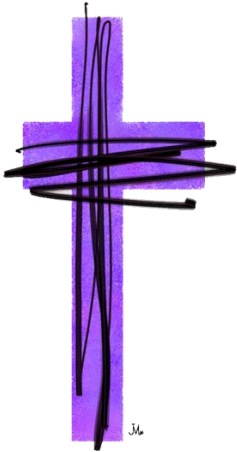
If you have any questions please get in touch:

[wecanhelp@safeonsocial.com](mailto:wecanhelp@safeonsocial.com)

**Gerard McGilvray**

PRINCIPAL

## From the REC



Loving God, we gather in your name to begin a new school year. Thank you for the holidays just ended and for the year just beginning. Help us to work together in the spirit of generosity and service.

We ask that you give us the vision of Jesus to see the gifts everyone brings to our school community.

Give us energy, enthusiasm and guidance as we begin a year of work, laughter, love, and fun. May we continue to grow into a strong faith filled community.

We ask this through Christ our Lord. Amen.

### Opening School Mass & Ash Wednesday

Next week, we will celebrate our Opening School Mass on Ash Wednesday, 14<sup>th</sup> February at 11am. All children will catch buses with our staff to Our Lady of the Rosary Church at The Entrance. During this Mass, we will receive the ashes, a sign of the beginning of Lent. The Student Representative Council, including our School Captains and Sports Captains, will receive a special blessing as they make their pledges of service for 2018. We ask that all children wear their full school uniform this day. Please join us at the Church for this very special occasion.

### Praying the Rosary During Lent

Next week we will be entering the season of Lent on Ash Wednesday. Lent is a time for prayer, contemplation, fasting, growing and changing. During this time, we strive to strengthen our relationship with God and prepare our hearts for the time of Easter. During Lent, Kay Taylor our school Chaplain, will be leading the Rosary every Wednesday afternoon at 2:50pm in the Viv Simnett Room starting on the 21<sup>st</sup> February. A couple of students from each class will be given the opportunity to attend each week and we would love to have parents there as well. Please come along!

### Project Compassion 2018

Caritas Australia's annual Lenten fundraising and awareness-raising appeal, Project Compassion brings thousands of Australians together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity. The theme for 2018 is "A Just Future".

**PROJECT COMPASSION**  
**FOR A JUST FUTURE**

Each class has a Project Compassion box which children will be encouraged to contribute to in any way they can – every little bit counts! There will also be a collection box in the front office for parents to contribute to and boxes for families to take home if they wish to make it a family focus as well.

As Pope Francis said, "Cultivate with love the seeds of goodness, beauty and truth that God sows in every new generation."

Through your generosity during Project Compassion this year, you are empowering young people to build a just future for themselves, their families and their communities.

### A Just Future starts with your support!

Maree Sawyer  
Religious Education Coordinator



New students, new families, new classes, new staff, New Year and with all these come new opportunities and challenges for growth and maturity. I am hoping that we can embrace all these new experiences with a positive attitude even if somewhat daunting for some our young starters! With support and encouragement we can help one another off to a good beginning and then let's try to maintain that support by keeping a balanced life throughout the term as life gets busy. Let's keep focused on the stuff that helps to buoy each other up like encouragement, kindness, humour, personal chill-out time, prayer, fun time together (off devices!), healthy food, good sleep and rest. In the busy-ness of our

work, commitments and obligations these oftentimes become the victims so let's try to keep a healthy balanced life.

If you or your child needs some extra support or just a listening ear please don't hesitate to contact the Chaplain. I am available Monday, Tuesday and Wednesday each week during school hours and appointments can be made directly with me or through the Office. If there is a situation that may require further assistance I can make referrals or give you information that may assist you. My contact details are listed below.

### **BITS AND PIECES**

We have bits and pieces of the old school uniform that is compatible with the new school uniform for the time being. Please take a look at what's there. We will put all the items out on a table before school next Tuesday morning, 12th February. No donation is required.

Many blessings and I look forward to our journey ahead,

Kay Taylor (Chaplain)

School Office: 43325594

Email: [kay.taylor@dbb.org.au](mailto:kay.taylor@dbb.org.au).

## Canteen News

5 <sup>th</sup> Feb	6 <sup>th</sup> Feb	7 <sup>th</sup> Feb	8 <sup>th</sup> Feb	9 <sup>th</sup> Feb
Sarah P Jade G*	Krystal F <sup>^</sup>	Desley G-B* Ella B, David Q	Dani H	Amber W, Megan J Brianna D, Priscilla P
12 <sup>th</sup> Feb	13 <sup>th</sup> Feb	14 <sup>th</sup> Feb	15 <sup>th</sup> Feb	16 <sup>th</sup> Feb
Victoria G <sup>^</sup> Alicia K-S*	Christine E Jane H*	Jackie P <sup>^</sup> , Joan C* Gillian R		Nikki D Amanda O'R* Carla F <sup>^</sup> , Jo M
19 <sup>th</sup> Feb	20 <sup>th</sup> Feb	21 <sup>st</sup> Feb	22 <sup>nd</sup> Feb	23 <sup>rd</sup> Feb
Libby B* Cindy G	Emma E* Alison B <sup>^</sup>	Kevin G-B* Amy P	Samantha H* Amanda B	Danielle R* Shannon M* Siobhan M, Alicia O*

Welcome Back!!!

Hope you all enjoyed the holidays and are ready for another year. The new menu went home last week and you would have noticed a few changes, the biggest being the new, MUCH HEALTHIER, drinks which the canteen is now stocking!!

Glee is a 99% fizzy fruit juice with no hidden nasties!!

Supa Essentials Juices are amazing, containing 2.5 serves of fruit and 25% of the our daily Vit C and Fibre requirements. They are available in Apple, Orange, Mango Magic (mango, orange, apple, pineapple, passionfruit, ginger), Berry Oxidant (apple, blueberry, raspberry, cherry, green tea) and Green Recharge (apple, mango, kiwifruit, kale, spinach). AND they taste fantastic!!!!

Please remember to check the menu when ordering as some items are no longer available or have had a price change.

We will be having the traditional Infants Meal Deal whilst the older kids are away at the Swimming Carnival (next Thursday, 15th February). An order form will go home this week, please return it filled out and attached to a bag (sticky taped to the front is best) with money inside the bag. I am in need of helpers on the day so if your able to come to canteen on Thursday 15<sup>th</sup> February, please let me know asap.



The following was emailed to families yesterday:

There is currently a redirection issue with the online canteen website, some parents may have encountered a warning regarding an "unsecure site".

Please use the following address when ordering online:

[www.quickcliq.com.au](http://www.quickcliq.com.au)

Amber. Canteen Co-Ordinator

OLR Website link for Canteen— [www.olrtedbb.catholic.edu.au/school-community/144/p/canteen](http://www.olrtedbb.catholic.edu.au/school-community/144/p/canteen)



**The race for Sports for Schools vouchers has just begun!  
Start collecting your vouchers from Coles from Today.**

# *Cowan and Lewis*



**Unit 3, 6 Bowen Crescent, West Gosford**

**Phone: 4322 2503**

Parking available at the front of the building

*Cowan and Lewis*

1315 Pacific Highway, Turrumurra 2074  
Phone: (02) 9449 9777 Fax: (02) 9449 8931  
sales@cowanlewis.com.au www.cowanlewis.com.au

COWAN & LEWIS PTY LTD ABN 76 000 412 779



# TUNING IN TO KIDS

## Emotionally Intelligent Parenting

*A six session parenting program for parents of primary school children.*

Would you like to learn how to:

- Be better at talking with your child?
- Be better at understanding your child?
- Help your child learn to manage their emotions?
- Help to prevent behaviour problems in your child?
- Teach your child to deal with conflict?

**Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with higher emotional intelligence:**

- ✓ Have greater success with making and keeping friends
  - ✓ Have better concentration at school
- ✓ Are more able to calm down when upset or angry
  - ✓ Tend to have fewer childhood illnesses

**Emotional intelligence may be a better predictor of academic and career success than IQ!**



**CatholicCare**  
Diocese of Broken Bay

### Where

CatholicCare  
Central Coast Family Centre  
10/10 Pioneer Avenue, Tuggerah

### Commencing

Wednesday 14 February 2018  
(continuing for 6 weeks)

### Time

10am to 12.30pm

### Registration Essential

4356 2626

[annette.holmes@catholiccareddb.org.au](mailto:annette.holmes@catholiccareddb.org.au)

**Free**

# Playgroup

Come and join us at OLR Playgroup for a relaxed and fun morning every Wednesday from 9-11am. Suitable for all ages (must have a sibling at OLR), from babies through to children starting school next year. Mums, dads, grandparents, carers are all welcome. It's a great way to meet other families and build friendships. Bring along your morning tea and a drink



# NEW WHEELS FOR BAILEY

## *benefit night*

**23 February 2018**

Shelly Beach  
Golf Club

**6:30pm**

Dress: formal

Tickets: \$100.00  
includes 3 course meal,  
drinks, entertainment,  
lucky door prizes,  
raffles, auctions.



Bailey was born with a genetic condition which inhibits her muscle strength. Due to this she relies on her wheelchair and her Mum Sonya to lift her in and out of the car. As she is getting heavier this is becoming problematic.

There is funding through the NDIS for vehicle modifications to accommodate her wheelchair. However, this funding is only for the modifications and the NDIS require a car to be less than 3 years old. Please get behind us to raise the funds for a new car for Bailey and the overwhelmingly burdened Peat family. Visit <https://gofundme.com/new-wheels-for-bailey> to make a donation.

Tickets available from Carly Baldwin 0413186367  
or Erin Boake 0401337980  
or <https://www.trybooking.com/TSZP>